

# Beach Respite 4 Mile Run beach respite 4 mile run

## Overall Finish List

May 22, 2010

Results By OC TriRunning Sports, Inc.

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Kevin Morrison	Catonsville MD	137	21	***** M 20-29	25:32.4	6:23/M
2	Connor Morrison	Catonsville MD	145	16	***** M 16-19	26:10.6	6:33/M
3	shane craig	Ocean City MD	196	20	***** M 20-29	26:40.3	6:40/M
4	william devault	Berlin MD	185	21	1 M 20-29	27:08.2	6:47/M
5	jonathan sallinas	Longwood FL	195	19	1 M 16-19	29:06.0	7:17/M
6	steven shade	Delmar MD	198	27	2 M 20-29	29:33.4	7:23/M
7	Alex Sterling	Salisbury MD	151	14	1 M 0-15	29:46.6	7:27/M
8	griffin mcwilliams	Laurel MD	210	14	2 M 0-15	29:48.1	7:27/M
9	Don Parana		205	46	1 M 40-49	29:57.1	7:29/M
10	Theresa Moody		189	52	***** F 50-59	30:23.1	7:36/M
11	laura wootten	Laurel DE	216	24	***** F 20-29	30:30.8	7:38/M
12	ross mcwilliams		219	54	1 M 50-59	30:55.3	7:44/M
13	Kevin Scruggs	ellicott city MD	150	50	2 M 50-59	31:02.1	7:46/M
14	christopher bryant	Salisbury MD	181	27	3 M 20-29	31:16.5	7:49/M
15	andrew ray	Ellicott City MD	194	21	4 M 20-29	31:16.7	7:49/M
16	Mark Shipley	Ocean City MD	201	39	1 M 30-39	31:55.6	7:59/M
17	Sandy Montgomery	Westminster MD	212	36	***** F 30-39	32:17.8	8:04/M
18	Kevin Smith	Perry Hall MD	132	43	2 M 40-49	32:40.5	8:10/M
19	geye daigle	Ocean City MD	200	37	2 M 30-39	32:55.7	8:14/M
20	sean Leahy	Annapolis MD	218	54	3 M 50-59	32:55.8	8:14/M
21	shawn gabert	Ocean City MD	186	20	5 M 20-29	33:37.3	8:24/M
22	Kathleen Vaughn	Abingdon MD	144	26	1 F 20-29	33:40.6	8:25/M
23	brad kimall	Berlin MD	204	25	6 M 20-29	33:47.4	8:27/M
24	Mark Laforest	Berlin MD	176	50	4 M 50-59	34:27.8	8:37/M
25	Catherine Coffman	Berlin MD	191	47	1 F 40-49	34:36.2	8:39/M
26	Thomas Thornett	Selbyville DE	165	15	3 M 0-15	34:58.7	8:45/M
27	Mary Morrison	Catonsville MD	146	49	2 F 40-49	35:41.0	8:55/M
28	Michael Sutter	Ellicott City MD	163	24	7 M 20-29	35:41.8	8:55/M
29	Wendy Hager	Ligonier PA	157	43	3 F 40-49	35:47.8	8:57/M
30	robert tomko	Selbyville DE	197	42	3 M 40-49	35:49.2	8:57/M

31	Lisa Wynn	Frankford DE	156	48	4 F 40-49	35:59.5	9:00/M
32	ross fowle	Ocean City MD	184	42	4 M 40-49	36:40.4	9:10/M
33	vanessa sanchez	Selbyville DE	158	22	2 F 20-29	37:12.1	9:18/M
34	Lori Martin	Fenwick Island DE	202	41	5 F 40-49	37:27.8	9:22/M
35	Terri Sterling	Salisbury MD	152	39	1 F 30-39	37:36.3	9:24/M
36	Carolyn Petsche	Ocean Pines MD	169	49	6 F 40-49	37:44.6	9:26/M
37	Emily Timmons	Berlin MD	171	14	1 F 0-15	37:56.8	9:29/M
38	Kyle Vaughn	Abingdon MD	161	28	8 M 20-29	38:03.9	9:31/M
39	Katherine Smith	Berlin MD	155	41	7 F 40-49	38:08.4	9:32/M
40	Valerie Petsche	Ocean Pines MD	168	14	2 F 0-15	38:11.3	9:33/M
41	Jennifer Loyd	Hanover MD	133	34	2 F 30-39	38:19.2	9:35/M
42	Mallory Rolleston	Berlin MD	173	13	3 F 0-15	38:37.0	9:39/M
43	Laura Schumann	Myersville MD	162	26	3 F 20-29	38:39.3	9:40/M
44	Keith Margiotta	Parkville MD	147	35	3 M 30-39	38:48.6	9:42/M
45	Kristina Clark	Selbyville DE	134	31	3 F 30-39	39:25.7	9:51/M
46	Kate Diffenderfer	Annapolis MD	172	32	4 F 30-39	39:39.8	9:55/M
47	susan blaney	Berlin MD	211	39	5 F 30-39	39:56.4	9:59/M
48	beth hansen	Bishopville MD	192	52	1 F 50-59	39:57.1	9:59/M
49	Chad Jones	salisbury MD	167	37	4 M 30-39	40:00.6	10:00/M
50	Kristen Stewart	Selbyville DE	143	24	4 F 20-29	40:00.8	10:00/M
51	becka mcwilliams	Laurel MD	209	53	2 F 50-59	40:07.7	10:02/M
52	Pamela Sanders	Ocean City MD	159	43	8 F 40-49	40:19.4	10:05/M
53	laura kaufman	ocean city MD	170	29	5 F 20-29	40:38.3	10:10/M
54	james crockett	Berlin MD	193	23	9 M 20-29	40:52.1	10:13/M
55	heather miner	Ocean City MD	180	22	6 F 20-29	40:54.0	10:14/M
56	Nathan Ryan	Abingdon MD	149	28	10 M 20-29	41:07.1	10:17/M
57	Karen Childs	Pittsville MD	127	43	9 F 40-49	41:12.6	10:18/M
58	Denise West	Frankford DE	160	33	6 F 30-39	41:18.4	10:20/M
59	amina shade	Delmar MD	199	27	7 F 20-29	41:30.8	10:23/M
60	hayden mcwilliams	Washington DC	207	11	4 M 0-15	41:36.8	10:24/M
61	carl mcwilliams	Laurel MD	208	51	5 M 50-59	41:41.5	10:25/M
62	Colleen Denston	Berlin MD	174	36	7 F 30-39	41:43.9	10:26/M
63	christina lindsay		206	47	10 F 40-49	42:28.1	10:37/M
64	steven lobo	Selbyville DE	188	14	5 M 0-15	42:37.8	10:39/M
65	Debra Laforest	Berlin MD	177	47	11 F 40-49	42:59.3	10:45/M
66	pia abell	Baltimore MD	215	43	12 F 40-49	44:14.9	11:04/M
67	zachary pierce	Ocean City MD	187	20	11 M 20-29	44:17.9	11:04/M
68	Laura Gardner	Parkville MD	148	27	8 F 20-29	44:25.5	11:06/M
69	jill pinkett	Bethany Beach DE	214	43	13 F 40-49	44:25.5	11:06/M
70	nicole weidman	Ocean City MD	182	20	9 F 20-29	44:34.7	11:09/M
71	Catherine Hall	Salisbury MD	130	52	3 F 50-59	46:58.1	11:45/M
72	Christine Kuntzman	Kunketown PA	129	31	8 F 30-39	47:05.7	11:46/M
73	Maureen Griffith	Landenberg PA	178	39	9 F 30-39	47:19.2	11:50/M

74	alexis gardner	Ocean City MD	183	28	10 F 20-29	49:40.8	12:25/M
75	Christie Thornett	Selbyville DE	166	51	4 F 50-59	49:56.0	12:29/M
76	mark tingle	Fenwick Island DE	213	40	5 M 40-49	52:58.2	13:15/M
77	ron baunchalk	Fenwick Island DE	190	73	1 M 60-99	53:57.1	13:29/M
78	Amber Mellinger	Towson MD	140	26	11 F 20-29	54:44.6	13:41/M

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