

**SEASIDE 10 5K AGE GROUP AWARD WINNERS  
OCTOBER 30, 2010**

**OVERALL FEMALE WINNER**

<u>PLACE</u>	<u>NAME</u>	<u>AGE</u>	<u>TIME</u>	<u>OVERALL PLACE</u>
1	Lindsay Butterworth	16	20:19	18
2	Valerie Andrews	22	20:50	23
3	Shannon Lloyd	23	21:16	28

**Female 19 and Under**

1	Caitlin Duff	19	22:38	42
2	Tara Trageser	13	23:33	55
3	Shannon Duff	19	24:09	62

**Female 20-29**

1	Courtney Lauer	23	21:35	32
2	Jessica White	28	23:57	64
3	Nicole Cookingham	25	24:27	75

**Female 30-39**

1	Kathleen Yanek	36	21:34	31
2	Brady Crone	36	21:54	34
3	Jo Forney	38	22:07	37

**Female 40-49**

1	Donna Adams	41	22:52	44
2	Beth Walsh	49	23:24	51
3	Crystal Wise	49	23:43	57

**Female 50-59**

1	Karen Garth	51	23:15	47
2	Sally Jones	55	23:46	59
3	Gail Donaldson	51	24:17	71

**Female 60-69**

1	Sharyn Slick	64	25:59	107
2	Pat Russell	61	29:16	192
3	Sheila Elliott	61	29:25	195

**Female 70 +**

1	Jayne Astle	70	40:30	350
2	Martha Trimmer	81	45:27	371
3	N/A	n/a	n/a	n/a

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**OVERALL MALE WINNER**

<u>PLACE</u>	<u>NAME</u>	<u>AGE</u>	<u>TIME</u>	<u>OVERALL PLACE</u>
1	Donal Zimal	17	17:30	1
2	Mike Hershberger	41	17:32	2
3	Daryl St. Clair	34	17:33	3

**Male 19 and Under**

1	Luke Beltrandi	16	18:57	9
2	Mark Scaer	17	19:10	11
3	Thomas Jordan	16	19:50	15

**Male 20-29**

1	Brett Sumpter	24	19:09	10
2	Matthew Mayette	29	19:46	14
3	Justin Steele	23	20:32	20

**Male 30-39**

1	Seth Kuchar	39	17:37	4
2	Dave Bush	32	17:40	5
3	Aaron Marchand	33	18:03	6

**Male 40-49**

1	David Tushingham	42	19:17	12
2	Brian Mullaney	48	20:23	19
3	Don Parana	47	20:42	21

**Male 50-59**

1	Gary Patrick	59	18:55	8
2	Jim Creighton	56	20:58	25
3	Albert Zimbardo	59	20:58	26

**Male 60-69**

1	Allen bleitz	60	23:21	50
2	Woody Simonton	61	23:31	53
3	Tony Konstant	62	24:31	77

**Male 70 +**

1	Paul Kidder	70	27:22	142
2	Jack Moore	70	28:03	152
3	Ron Bauchalk	73	32:07	243