OCMD HALF MARATHON / 5K REGISTRATION FORM

 Half Marathon Military 5K 	Early bird (till Jan 1) \$75.00 \$55.00 \$25.00	Standard (till Apr 1) \$85.00 \$65.00 \$30.00	Late Entry \$95.00 \$75.00 \$40.00
Make checks payable and mai	l to: OC Tri-Running S	ports Inc., P.O. Box 164	2 Berlin, MD 21811
	Last Name		
Mailing Address			
City			State Zip Code
Phone	Race Day Age	Date of Birth	
Email			
SHIRT SIZE:	SM M LG XL XX	(L <u>GENDER</u>	<u>:</u> M F

UNCONDITIONAL RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT (AAGREEMENT@) In consideration for being permitted to participate in any way in any and/or all events(AACTIVITY@) on designated date(s), events owned by OC Tri-Running, Inc./Running, I, one participating in this event for myself, my personal representatives, assign heirs and next of kin: (1) ACKNOWLEDGE, agree and represent that I understand the nature of road running, cycling, swimming, etc. and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of open businesses, marinas, and parks activities are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity; (2) FULLY UNDERSTAND that (a) ROAD RUNNING, CYCLING, SWIMMING, ETC. ACTIVITIES INVOLVE RISKS and DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (ARISKS@); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of other participants in the Activity, the condition in which the Activity takes place and/or THE NEGLIGENCE OF THE ARELEASEE@ NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES | incur as a result of my participation in the Activity; (4) HEREBY RELEASE DISCHARGE, COVENANT NOT TO SUE AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS. OC Tri-Running, its administrators, officers, directors, shareholders, volunteers, staff, agents and employees; Assateague State and National Parks, Worcester County, Ocean City, MD and any/all of their special events officers; other participants; and any other sponsors, advertisers and, if applicable, owners, lessors and/or lessees of any premises on which the Activity takes place (each considered the ARELEASEES @ herein) FROM ALL LIABILITY, CLAIMS, LOSSES OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE ARELEASEES@ OR OTHERWISE. INCLUDING NEGLIGENT RESCUE OPERATIONS. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any

inducement or assurance of any nature, and intend it to be complete and unconditional release of all liability to the greatest extent allowed by law, and **further** agree that if any portion of this agreement is held to be invalid that the balance, shall continue in full force and effect.

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SATURDAY APRIL 29, 2017

WHERE:

Ocean City, MD inlet parking lot. South 2nd St. Ocean City, MD 21842 *WHEN:*

Saturday, April 29, 2017 at 7:00am *NOTE:*

Shirts are tech material, gender specific and tend to run small with women sizes. Shirts are only guaranteed for registrations before April 8th, 2017.

Please read and fill out all information on the registration form.

Check box if you wish to opt off mailing list. Check out other events at:

www.octrirunning.com



Participant Signature / Guardian signature if under 18 years of age

date

www.octrirunning.com

EVENT REGISTRATION / CONFIRMATION

You can register online at <u>www.octrirunning.com</u> or you can mail in your registration by filling out the entry form provided with this brochure.

Fill out the form in its entirety and mail your check or money order to:

OC Tri-Running Sports Inc. P.O. Box 1642

F.U. DUX 1042 Darlin MD 240

Berlin, MD 21811

Your registration will not be complete until we have received your check and have processed it, usually takes about 2 weeks from the day mailed out. Online registrations are processed immediately.

NO "day of registrations" accepted for either race.

RACE PACKET PICKUP

<u>Friday, April 28</u> 1:00pm – 9:00pm at Ocean City inlet parking lot (location subject to change). <u>Saturday, April 29</u> 5:15am – 6:15am at the starting areas:

NO REGISTRATION ON RACE MORNING! TRY TO PICK UP YOUR OWN PACKET! You will need to present military ID if choosing this option.

CHIP TIMING

LIN-MARK Sports of Mantua NJ and Cape Coral FL to time the Ocean City Half and 5K utilizing the B-TAG from Chrono-Track Systems, the world's most advanced timing system with the disposable chip. All participants will receive their assigned B-Tag affixed to the back of their bib# where it remains for the entire race – no shoe tag needed. Results will be posted for both events at race site and the Lin-Mark website on an ongoing basis the entire race morning.

RACE BIBS

Your race number must be securely fastened to the front of your body at the start and all during your race. Make sure your number is clearly displayed. Our course marshals and photographers will need this number to identify you. Please complete medical information on back of bib. Your race bib number is also your ticket to any complimentary post race participant festivities so do not remove, trade or tare your bib once your race is over.

SCHEDULE

Saturday, April 8 Pre registration shirt guarantee cut off. Sunday, April 23 11:59pm: All registration closes. Friday, April 28 1:00pm - 9:00pm: Race Packet pickup at OC inlet parking lot. Saturday, April 29 race day 6:00am - 6:45am: Packet pickup at starting areas. 6:50am: Nat'l Anthem, Half Marathon starting lineup. 7:00am: Half Marathon and 5K race starts. 8:00am: 5K race clock stops. 10:15am: Half Marathon race clock stops. 9:30am: Post race celebration begins. 1:00pm: Post race celebration ends.

AWARDS AND AGE GROUPS

Awards will go as follows:

- 1st 2nd 3rd place overall male
- 1st 2nd 3rd place overall female
- 1st 2nd 3rd place age group male

1st 2nd 3rd place age group female

Age groups:

Age groupings are posted at <u>www.octrirunning.com</u>. Awards ceremony will be held at post race party. Awards categories are for both races. Awards will not be mailed out, No Exceptions!! If you place please stick around for awards ceremony to get your award.

HOTEL ACCOMMODATIONS

www.ocmdhotels.com 800-638-2106

Campsites are available at Assateague Park <u>www.assateagueisland.com</u>

PARKING

Limited parking will be available at the start area of the race in the OC inlet parking lot. This is a paid lot. You can find rates and other parking options on our website; <u>www.octrirunning.com</u>. Once lot is full parking will be limited to alley parking where ever available.

GEAR CHECK

Gear check will be provided for Half Marathon runners only. More details provided on our website; <u>www.octrirunning.com</u>.

REMEMBER TO BRING

*Picture ID (must present at Packet Pickup)
*Water, gels, power bars, etc.
*Food and drink tickets (provided at Packet Pickup)
*Change of clothing
*Costumes (optional)
*Towel
*Race bib (receive at packet pickup)
*All your family and friends!

FLUID STATIONS

There will be five fluid stations with water, energy drinks and gels. Please review course map for exact locations.

REFUND/TRANSFER POLICY

Online registration refund policy is stated on website. Entry fees are non-refundable and non-transferable for all mail in entries, no exceptions. Once we have received your registration form and have processed all information all entries are final.

PROHIBITED ITEMS ON COURSES

The following items are not allowed on any course for any reason. These rules exist for your safety as well as others on the course(s).

*no in-line skates or roller blades.

*no pets of any kind.

*no strollers. Baby joggers allowed on 5K course only.

Anyone found in violation will be removed from the course(s) immediately.

