

OPA Freedom 5K 2013

Age Group Results

5K

Race Date
July 04, 2013

<h3>Female Winners</h3>

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	LAUREN LAKE	Ocean Pines	404	21	9	20:16.4	20:50.0	6:32/M

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Female 10 and under

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* ELLEN PEURNUISUM	Herdon	517	10	56	24:29.9	25:04.6	7:54/M	
2	* Allysa Combs		859	10	57	24:30.7	25:03.9	7:54/M	
3	* RACHEL WATT	Hockeffin	528	9	221	32:39.4	33:14.8	10:32/M	

Female 11 to 19

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* EMMA FEDERINKO	Spring Mills	350	17	27	22:05.4	22:39.9	7:07/M	
2	* Courtney Owens		885	16	28	22:26.6	23:01.2	7:14/M	
3	* ANNEBELLE GILLESPIE		914	11	53	24:13.3	24:52.9	7:49/M	

Female 20 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* LINDSEY BUCKMAN	Berlin	562	21	12	21:05.4	21:38.0	6:48/M	
2	* Sarah Burns		871	23	22	21:53.8	22:30.3	7:04/M	
3	* ERIN RAYMOND	Ocean Pines	525	25	33	23:01.4	23:35.9	7:25/M	

Female 30 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* REBECCA SOLLENBERGER	Wrightsville	462	38	19	21:36.3	22:10.7	6:58/M	
2	* Tammy Cowgill		652	36	41	23:29.2	24:23.8	7:35/M	
3	* Karen Cathell	Berlin	576	32	45	23:39.6	24:14.8	7:38/M	

Female 40 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* SHIRLY PEURNUISUM	Herdon	515	46	23	21:56.4	22:31.0	7:05/M	
2	* MARY LAKE	Ocean Pines	403	46	40	23:23.3	24:00.6	7:33/M	
3	* SUSAN WHITE	Wake Forest	488	40	43	23:36.4	24:40.5	7:37/M	

Female 50 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Jennifer Lundeen		883	53	46	23:47.1	24:22.2	7:40/M	
2	* CATHY TEBO	Flowood	513	56	61	24:53.6	25:33.3	8:02/M	
3	* GAIL DONALDSON	Upper Marlboro	340	53	95	26:13.3	27:09.1	8:27/M	

Female 60 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Susan Mackenzie		873	60	230	33:08.5	33:54.6	10:41/M	
2	* CAROL APRIL	Gaithersburg	40	65	340	44:14.3	45:01.4	14:16/M	
3	* JODY BAXLEY	Arlington	174	61	360	48:09.6	49:34.6	15:32/M	

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Male Winners

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						<u>Chip Time</u>	<u>Gun Time</u>	
1	ALEX PADDISON	Ocean City	547	16	1	17:56.0	18:33.7	5:47/M

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Male 10 and under

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* SKIP HILL	Cherry Hill	523	10	52	24:03.4	25:01.1	7:45/M
2	* RYAN HALVERSON	Berlin	890	9	84	25:35.8	26:14.4	8:15/M
3	* MATTHEW KASER	Hockessin	542	9	93	25:59.4	26:36.6	8:23/M

Male 11 to 19

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Nick Wright		931	19	5	19:09.3	19:44.2	6:11/M
2	* ADRIAN SHANAHAN	Fort Leonard Wood	887	17	6	19:23.0	19:56.1	6:15/M
3	* Dan Winters		918	17	14	21:15.1	21:54.5	6:51/M

Male 20 to 29

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* ROBERT III HAMMOND	Ocean City	541	25	7	19:41.2	20:14.4	6:21/M
2	* PATRICK SAVOY	Washington DC	456	26	10	20:25.0	20:58.8	6:35/M
3	* LAP NGUYEN	Pocomoke City	432	23	13	21:14.5	21:48.6	6:51/M

Male 30 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* JOHN GAGLIARDI	West Chester	355	33	2	18:08.1	18:41.6	5:51/M
2	* Martin Kerrigan		845	33	3	18:56.0	19:29.9	6:06/M
3	* ERIC SOLLENBERGER	Wrightsville	461	37	8	19:44.5	20:17.6	6:22/M

Male 40 to 49

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Rob Santoni		860	47	4	19:06.4	19:39.5	6:10/M
2	* PHILIP CROUSE	Parsonsburg	324	49	11	21:04.4	21:38.1	6:48/M
3	* MICHAEL WALTERSFORFF	York	865	40	18	21:32.8	22:08.6	6:57/M

Male 50 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* TUCKER DAVIS	Damascus	329	54	25	22:02.7	22:43.4	7:06/M
2	* Brian Stricker		840	52	26	22:05.0	22:39.2	7:07/M
3	* JAMES LUNDEEN	Port Republic	884	54	30	22:43.7	23:18.4	7:20/M

Male 60 to 69

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Bruce Wentworth	Finksburg	842	62	21	21:53.7	22:28.1	7:04/M
2	* MIKE DALEY	Ocean Pines	326	63	80	25:20.4	25:59.0	8:10/M
3	* JOE DONOHUE	Centreville	342	61	91	25:51.0	26:38.8	8:20/M

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Male 70 and over

				-----Total-----				
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Paul Kiefer		917	72	159	30:00.8	30:38.0	9:41/M
2 *	JOHN GRADY	Cherry Hill	512	70	224	32:54.9	33:57.5	10:37/M
3 *	JAMES CORBETT	Selbyville	322	70	311	39:20.4	40:05.0	12:41/M