

OcShamR19-awards  
Ocean City Shamrock 5K Run  
Ocean City, Md March 16, 2019

Timing & Scoring via Maryland Timing  
Send Corrections to rhall@mdtiming.com  
5km Awards Listing (No Duplicate Prizes)

MALE OPEN (Gun Time)

|   |     |             |    |       |
|---|-----|-------------|----|-------|
| 1 | 520 | John Hughes | 22 | 17:31 |
| 2 | 136 | Travis Bush | 28 | 19:16 |

FEMALE OPEN (Gun Time)

|   |      |                  |    |       |
|---|------|------------------|----|-------|
| 1 | 1141 | Madison Synowiec | 17 | 21:44 |
| 2 | 437  | Emily Harris     | 29 | 21:49 |

MALE AGE GROUP: 1 - 14 (Gun Time)

|   |      |                |    |         |      |
|---|------|----------------|----|---------|------|
| 1 | 289  | Caleb Elliott  | 12 | 22:09.1 | 7:09 |
| 2 | 1327 | Denny Bontempo | 13 | 24:20.2 | 7:51 |
| 3 | 1328 | Ryan Bontempo  | 13 | 26:57.2 | 8:41 |

FEMALE AGE GROUP: 1 - 14 (Gun Time)

|   |      |                    |    |         |      |
|---|------|--------------------|----|---------|------|
| 1 | 1290 | Avery Braciszewski | 14 | 24:28.3 | 7:54 |
| 2 | 590  | Kennedy Kirby      | 9  | 25:26.8 | 8:12 |
| 3 | 1351 | Jessica Shelderfer | 12 | 25:42.4 | 8:17 |

MALE AGE GROUP: 15 - 19 (Gun Time)

|   |      |                |    |         |      |
|---|------|----------------|----|---------|------|
| 1 | 1143 | Timmy Synowiec | 15 | 19:46.1 | 6:23 |
| 2 | 9    | Derek Alt      | 18 | 21:57.3 | 7:05 |
| 3 | 321  | Aidan Fisher   | 17 | 23:30.1 | 7:35 |

FEMALE AGE GROUP: 15 - 19 (Gun Time)

|   |      |                  |    |         |      |
|---|------|------------------|----|---------|------|
| 1 | 1306 | Oliva Browne     | 17 | 24:22.9 | 7:52 |
| 2 | 875  | Olivia North     | 19 | 24:32.7 | 7:55 |
| 3 | 449  | Shaelynn Hartman | 15 | 25:09.3 | 8:07 |

MALE AGE GROUP: 20 - 29 (Gun Time)

|   |     |                 |    |         |      |
|---|-----|-----------------|----|---------|------|
| 1 | 309 | Brian Fauver Jr | 28 | 19:53.3 | 6:25 |
| 2 | 817 | Sam Moore       | 25 | 20:00.0 | 6:27 |
| 3 | 727 | Alan McCarthy   | 28 | 21:06.7 | 6:49 |

FEMALE AGE GROUP: 20 - 29 (Gun Time)

|   |      |                  |    |         |      |
|---|------|------------------|----|---------|------|
| 1 | 1164 | Olivia Tracey    | 28 | 22:09.6 | 7:09 |
| 2 | 244  | Rebecca Debinski | 22 | 22:37.7 | 7:18 |
| 3 | 720  | Meghan Matheis   | 29 | 22:59.7 | 7:25 |

MALE AGE GROUP: 30 - 39 (Gun Time)

|   |      |                  |    |         |      |
|---|------|------------------|----|---------|------|
| 1 | 522  | Max Hunsicker    | 31 | 20:51.4 | 6:44 |
| 2 | 1050 | Brian Shipkowski | 39 | 21:45.2 | 7:01 |
| 3 | 987  | Chad Rydbom      | 39 | 22:38.1 | 7:18 |

FEMALE AGE GROUP: 30 - 39 (Gun Time)

OcShamR19-awards

|   |      |                |    |         |      |
|---|------|----------------|----|---------|------|
| 1 | 1294 | Kristen Teeter | 38 | 22:00.7 | 7:06 |
| 2 | 297  | Sarah Evans    | 35 | 23:07.2 | 7:27 |
| 3 | 1067 | Rebecca Sirman | 37 | 23:19.5 | 7:31 |

MALE AGE GROUP: 40 - 49 (Gun Time)

|   |      |               |    |         |      |
|---|------|---------------|----|---------|------|
| 1 | 1264 | Tom Yinger    | 48 | 20:04.5 | 6:29 |
| 2 | 874  | Scott Nolt    | 47 | 20:49.1 | 6:43 |
| 3 | 1142 | Mike Synowiec | 45 | 21:16.0 | 6:52 |

FEMALE AGE GROUP: 40 - 49 (Gun Time)

|   |     |                  |    |         |      |
|---|-----|------------------|----|---------|------|
| 1 | 693 | Sarah Mandes     | 41 | 21:44.9 | 7:01 |
| 2 | 288 | Dawn Ehman       | 47 | 25:50.6 | 8:20 |
| 3 | 44  | Beth Beley-Smith | 46 | 26:37.4 | 8:35 |

MALE AGE GROUP: 50 - 59 (Gun Time)

|   |     |                  |    |         |      |
|---|-----|------------------|----|---------|------|
| 1 | 180 | Charlie Coffield | 59 | 21:38.7 | 6:59 |
| 2 | 740 | Rick McCrumb     | 57 | 22:52.4 | 7:23 |
| 3 | 285 | Sean Eastman     | 50 | 23:05.7 | 7:27 |

FEMALE AGE GROUP: 50 - 59 (Gun Time)

|   |      |                |    |         |      |
|---|------|----------------|----|---------|------|
| 1 | 1284 | Sandy Luzier   | 51 | 26:30.9 | 8:33 |
| 2 | 135  | Lynn Bush      | 52 | 27:41.5 | 8:56 |
| 3 | 1296 | Jeri Clapsadle | 52 | 28:19.9 | 9:08 |

MALE AGE GROUP: 60 - 69 (Gun Time)

|   |     |                   |    |         |      |
|---|-----|-------------------|----|---------|------|
| 1 | 50  | Ronald Bennett    | 60 | 21:07.8 | 6:49 |
| 2 | 336 | Robert Fitzgerald | 64 | 24:28.7 | 7:54 |
| 3 | 779 | Brian Mengel      | 60 | 24:42.4 | 7:58 |

FEMALE AGE GROUP: 60 - 69 (Gun Time)

|   |      |                 |    |         |       |
|---|------|-----------------|----|---------|-------|
| 1 | 1167 | Laura Treuth    | 61 | 28:11.3 | 9:05  |
| 2 | 577  | Coleen Kennedy  | 62 | 29:32.4 | 9:31  |
| 3 | 1270 | Carol Zimmerman | 60 | 31:22.8 | 10:07 |

MALE AGE GROUP: 70 - 99 (Gun Time)

|   |      |                  |    |         |       |
|---|------|------------------|----|---------|-------|
| 1 | 1238 | David Wills      | 73 | 30:09.0 | 9:43  |
| 2 | 1325 | Joseph Angelozzi | 71 | 38:11.7 | 12:19 |
| 3 | 410  | Daniel Gunter    | 71 | 47:24.2 | 15:17 |

FEMALE AGE GROUP: 70 - 99 (Gun Time)

|   |     |                 |    |         |       |
|---|-----|-----------------|----|---------|-------|
| 1 | 515 | Mary Ellen Huff | 72 | 66:01.7 | 21:17 |
|---|-----|-----------------|----|---------|-------|

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